



# SDSU Parent and Family Orientation



**Tomorrow is  
ours to define**

# WELCOME

## Parents and Families



**Francisco G. Velazquez, M.A.**  
**Director**  
**New Student and Parent Programs**

# Kumeyaay Land Acknowledgement



# Kumeyaay Land Acknowledgement

We stand upon a land that carries the footsteps of millennia of Kumeyaay people. They are a people whose traditional lifeways intertwine with a worldview of earth and sky in a community of living beings. This land is part of a relationship that has nourished, healed, protected and embraced the Kumeyaay people to the present day. It is part of a world view founded in the harmony of the cycles of the sky and balance in the forces of life. For the Kumeyaay, red and black represent the balance of those forces that provide for harmony within our bodies as well as the world around us.

As students, faculty, staff and alumni of San Diego State University we acknowledge this legacy from the Kumeyaay. We promote this balance in life as we pursue our goals of knowledge and understanding. We find inspiration in the Kumeyaay spirit to open our minds and hearts. It is the legacy of the red and black. It is the land of the Kumeyaay.

Eyay e'Hunn My heart is good.

# WELCOME

## Parents and Families



## **Dr. Randy Timm**

Associate Vice President for Campus Life  
and Dean of Students

# WELCOME

## Parents and Families



# **SDSU Successful Students**



**SDSU**  
**Successful**  
**Students**

*Go to Class*

# SDSU Successful Students

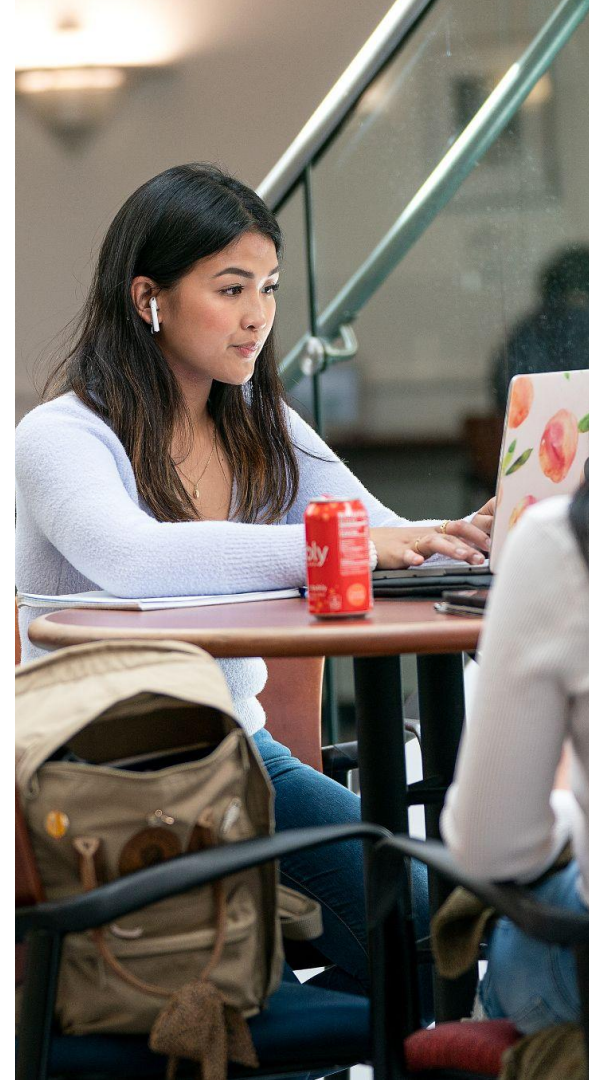
Embrace Diversity,  
Equity and Inclusion



A vertical red bar on the left side of the slide, featuring a repeating geometric pattern of diamonds and triangles in various shades of red.

# SDSU Successful Students

Take 30 Units to Finish





**SDSU**  
**Successful**  
**Students**

*Practice Self-care*

**SDSU**  
**Successful**  
**Students**

*Ask for Help*



**SDSU**  
**Successful**  
**Students**

*Get Involved*



# Parents and Families Contribute to Student Success



## SDSU Successful Students

- ✓ *Take 30 Units to Finish*
- ✓ *Ask for Help*
- ✓ *Go to Class*
- ✓ *Get Involved*
- ✓ *Practice Self-care*
- ✓ *Embrace Diversity, Equity and Inclusion*



# WELCOME

## Parents and Families



- **Orientation = Strong Foundation**
- **Transition for Student and Family**
- **Parents Contribute to Student Success**
- **Aztec Parents Association**





# **Dr. Robyn Adams**

Associate Director

New Student and Parent Programs



# **Abdel Amador, M.A.**

Assistant Director for Parent and Family  
Programs

New Student and Parent Programs



- **Parent Liaison**
- **Parent Hotline: 619-594-1653**
- **Email: [aztecpa@sdсу.edu](mailto:aztecpa@sdсу.edu)**
- **SDSU Parents and Family (Official) Facebook Group**



# Parents and Families as Partners in Student Success



## **Caryl Montero-Adams**

Assistant Dean of Students for Student Life  
Office of the Dean of Students



## **Dr. Mary Joyce Juan**

Clinical Director, Counseling & Psychological Services



## **Dr. Joanna Brooks**

Associate Vice President  
Faculty Advancement and Student Success

# Successful Community Transitions

- **Encourage your student to  
Get Involved! Get Connected!**
- **Student Engagement**
- **Welcome Week**
- **Aztec Nights**
- **SDSUGo!**





# **Student Health, Well-being and Accessibility**

- **Counseling & Psychological Services**
- **Student Health Services**
- **Well-being & Health Promotion**
- **Economic Crisis Response Team**
- **Student Disability Services** (formerly SASC)



# **Student Health, Well-being and Accessibility**

## **Counseling & Psychological Services**

**[sacd.sdsu.edu/cps](http://sacd.sdsu.edu/cps)**

- **Support students' ability to manage challenges and persist**
- **In-house short-term therapy services and referrals to community resources**
- **Services included at no additional cost through the Health and Wellness fee**



# **Student Health, Well-being and Accessibility**

## **Student Health Services**

**[sacd.sdsu.edu/student-health-services](https://sacd.sdsu.edu/student-health-services)**

**Student Online Portal: [healthconnect.sdsu.edu](https://healthconnect.sdsu.edu)**

**[sdsu.edu/immunizations](https://sdsu.edu/immunizations)**



# **Student Health, Well-being and Accessibility**

## **Well-being & Health Promotion**

**[sacd.sdsu.edu/health-promotion](http://sacd.sdsu.edu/health-promotion)**

- **Knowledgeable staff and peer educators provide health education on a variety of topics including nutrition, alcohol and other drug education, healthy relationships, sexual health, and more**
- **Provide support accessing health insurance**
- **Help students locate resources & information**



# **Student Health, Well-being and Accessibility**

## **Basic Needs Center and Economic Crisis Response Team (ECRT)**

**[sdsu.edu/ecrt](https://sdsu.edu/ecrt)**

- **Provide basic needs resources and support to students**
  - Food Pantry
  - CalFresh enrollment support
  - Rapid Re-Housing Program



# **Student Health, Well-being and Accessibility**

## **Student Disability Services**

**(formerly SASC - Student Ability Success Center)**

**[newscenter.sdsu.edu/student\\_affairs/sds](https://newscenter.sdsu.edu/student_affairs/sds)**

- **Services and support available to students with documented disabilities**
  - Extended time on exams, Sign Language Interpreting, Real-time Captioning, Mobility Assistance, academic support



# **Student Health, Well-being and Accessibility**

## **Transitions**

- **Difficulties following any type of change are inevitable**
- **When in doubt – one step at a time**
- **Normalize experiencing a less-than-smooth start at SDSU**
- **Give your student space to make their own choices**

# Student Safety Video





# **Academic Success**

- **Academic expectations**
- **15 units per semester, graduate in 4 years**
- **Professor office hours**
- **Academic integrity and plagiarism**
- **(FERPA) Family Educational Rights Privacy Act**
- **Internships, organizations, study abroad etc.**
- **Tips for parents and families**
  - From “advocate” to “resource for success”



# Q & A



# Parent and Family Orientation Schedule

## College Session

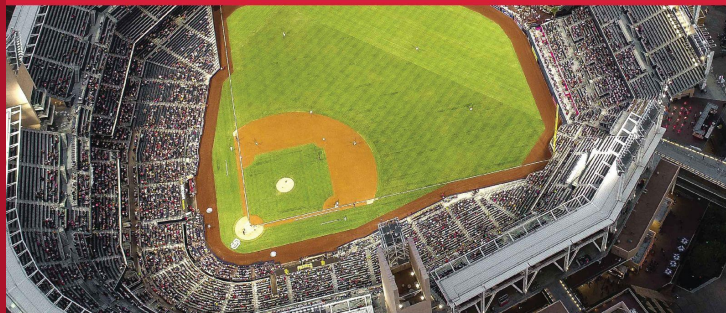
10:00 a.m. - 10:50 a.m. (PDT)

## SDSU Student Perspective Panel

11:00 a.m. - 11:45 a.m. (PDT)



**SAVE THE DATE**



**SDSU Parents and Families  
at Petco Park**

Friday, August 18th | 6:40 pm



SAN DIEGO PADRES

VS



ARIZONA DIAMONDBACKS

# Parent & Family Events

## August 18 - 20, 2023

**August 18: Recepción en Español para Padres y Familias (Spanish-Speaking Parent and Family Reception)**

**August 18: Petco Park - Padres Game**

**August 19: Send Off Brunch**

**August 19: Wave FC Soccer Game at Snapdragon**

**August 20: New Student and Family Convocation**

**Email Invite Coming Soon!**

**SDSU**

New Student and  
Parent Programs

619-594-1509  
aztecpa@sdsu.edu  
nspp.sdsu.edu





NEW STUDENT AND FAMILY  
**Convocation**



Sunday, Aug. 20, 2023 · 10 a.m.  
SDSU's Snapdragon Stadium



*21st Annual*

## **New Student and Family Convocation**

All new SDSU students and their families are invited to attend this joyous ceremony that marks the beginning of a student's journey at New Student and Family Convocation.

◆ ◆ ◆  
We look forward to celebrating with you!  
◆ ◆ ◆



- Join us for New Student and Family Convocation at Snapdragon Stadium!
- The official welcome for all new students and families.
- Parking, ticketing and event details will be shared later this month on website and via email!

*You won't want to miss this event!*

The 26th annual

# SDSU FAMILY WEEKEND



October 20 & 21, 2023

[nspp.sdsu.edu/family-weekend](https://nspp.sdsu.edu/family-weekend)

**SDSU**

# Parent and Family Involvement

News for Aztec Parents Magazine

Aztec Parents Fund

Aztec Parents Advisory Board

E-Newsletter

Parent Engagement



**THANK YOU!**

**WELCOME TO**

**THE SDSU FAMILY!**